

All women are invited to attend

Stoney Creek United Church's

Cultivate Joy

Women's Retreat

Oct. 21, 7p.m. - Oct. 22, 5p.m.

Canterbury Hills, Ancaster

**Come and enjoy a time of intentional fun
and laughter, as well as good food!**

[This is a joint retreat with the women of
St. Andrew's United Church.]

Mini-playshops include:

De-Cluttering/Organizing
Spirituality of Music
Laughter Yoga
Joyful Mindfulness

Cost: \$105.00 (includes shared accommodation & meals)
OR

Saturday only: \$50.00 (includes breakfast & lunch)

To sign up, add your name to the sheet on the
Christian Development board in the auditorium.